



## NEW PALTZ REGIONAL CHAMBER OF COMMERCE NEWS RELEASE

**For Immediate Release (October 13, 2010):**

**\*\*DIGITAL COLOR IMAGES ATTACHED\*\*** (Caption and credit info follows release)

Contact: Christine Crawfis  
Director of Marketing & Communications  
New Paltz Regional Chamber of Commerce  
257 Main Street, New Paltz, NY 12561  
(845) 255-0243  
[christine@newpaltzchamber.org](mailto:christine@newpaltzchamber.org)  
[www.newpaltzchamber.org](http://www.newpaltzchamber.org)

### **New Paltz Regional Chamber of Commerce October Celebrates Successful October Business Luncheon Featuring Carl Janasiewicz, “Secrets of Social Security”**

(*New Paltz, NY*) The **New Paltz Regional Chamber of Commerce** held its **October Business Luncheon** on October 13, 2010 at **La Mirage Restaurant and Catering**, Ulster Park. Featured speaker Carl Janasiewicz of **Ulster Savings Bank** presented “Savvy Social Security Planning: What Baby Boomers Need to Know to Maximize Retirement Income.” The luncheon was sponsored by **CDPHP**.

As a new generation gets ready to collect Social Security, Janasiewicz’s presentation focused upon how to make the most of retirement benefits, why advance planning is essential, and how some little-known rules can help make the most of this very valuable benefit. Attendees learned five factors to consider when deciding when to apply for benefits, when it makes sense to delay benefits and when it does not, why you should always check your earnings record for accuracy, how to estimate your benefits, innovative strategies for coordinating spousal benefits, how to minimize taxes on Social Security benefits and how to coordinate Social Security with other sources of retirement income.

October business luncheon sponsor **CDPHP** is proud of its mission to provide quality health care at a reasonable cost for its subscribers, and operating as a model for the delivery, financing, and administration of health care services. **CDPHP** is one of the nation’s highest-rated health plans, receiving top marks from its members year after year. From its humble beginnings as an HMO serving 11 counties in New York, **CDPHP** has evolved into a total health benefits solutions provider, offering a full array of products to 400,000 members across the state. For more information about **CDPHP**, visit [www.cdphp.com](http://www.cdphp.com).

(more)

**New Paltz Regional Chamber of Commerce Successful October Business Luncheon**  
**Page 2 of 2**

The New Paltz Regional Chamber of Commerce, with more than 700 members, is an active and trusted voice in the regional business and residential community, advancing the business, industrial, agricultural and civic interests of the Mid-Hudson Valley Region. Programs and services of the Chamber are made possible, in part, by the support of its Corporate Partners for 2010: **Central Hudson Gas & Electric Corp.** (Leading Partner); **Brinckerhoff and Neuville Insurance Group** (Associate Partner); **Health Quest, Hudson Valley Federal Credit Union, KIC Chemicals, Ulster Savings** and **Vanacore, DeBenedictus, DiGiovanni and Weddell LLP, CPAs** (Supporting Partners).

Members and visitors are welcome at the Chamber's Visitor Center, located at 257 Main Street in New Paltz. For more information about Chamber programs and Visitor's Center hours of operation, visit [www.newpaltzchamber.org](http://www.newpaltzchamber.org) or call the Chamber at (845) 255-0243.

###